Anti-Aging Enemies

Dr. med. John van Limburg Stirum jstirum@seegartenklinik.ch Switzerland AACL 2012

V.V., 1947

- 1990 (43y)
 - Arrhythmia, fainting
 - "Heart attacks"
 - Rheumatism
 - Total fatigue
- Multiple investigations
- Therapy
 - Beta blockers
 - NSAR / Spa treatments
 - 4-Weeks rehabilitation
- Undefinable toothaches

Teenager – 35 years (1982): 8 root canal treatments



Apo E3/E4 27% higher risk of AD especially due to heavy metals

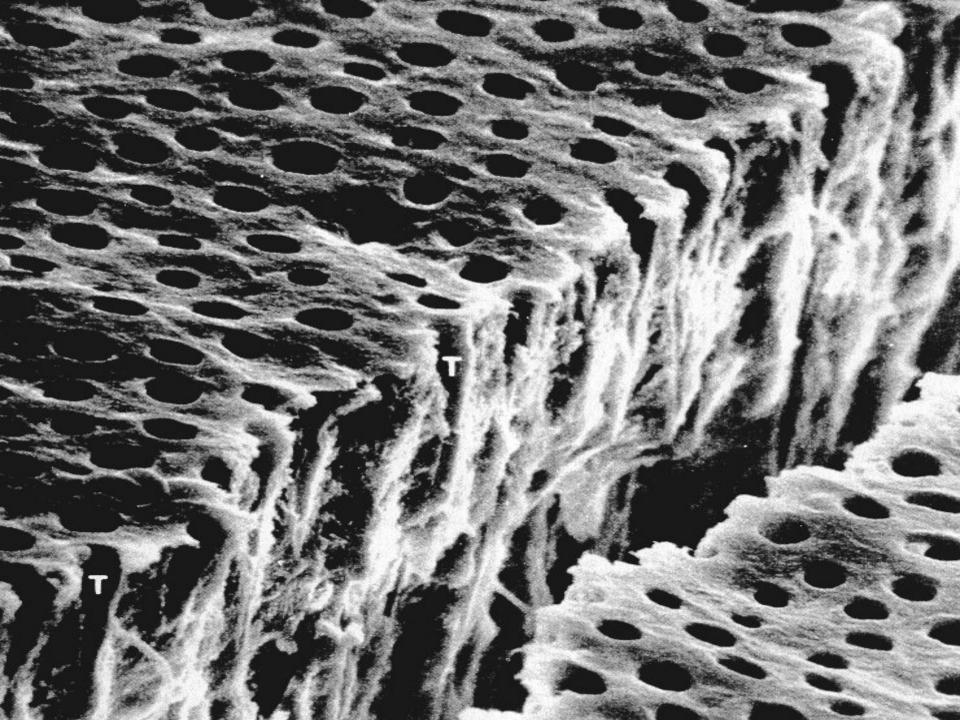




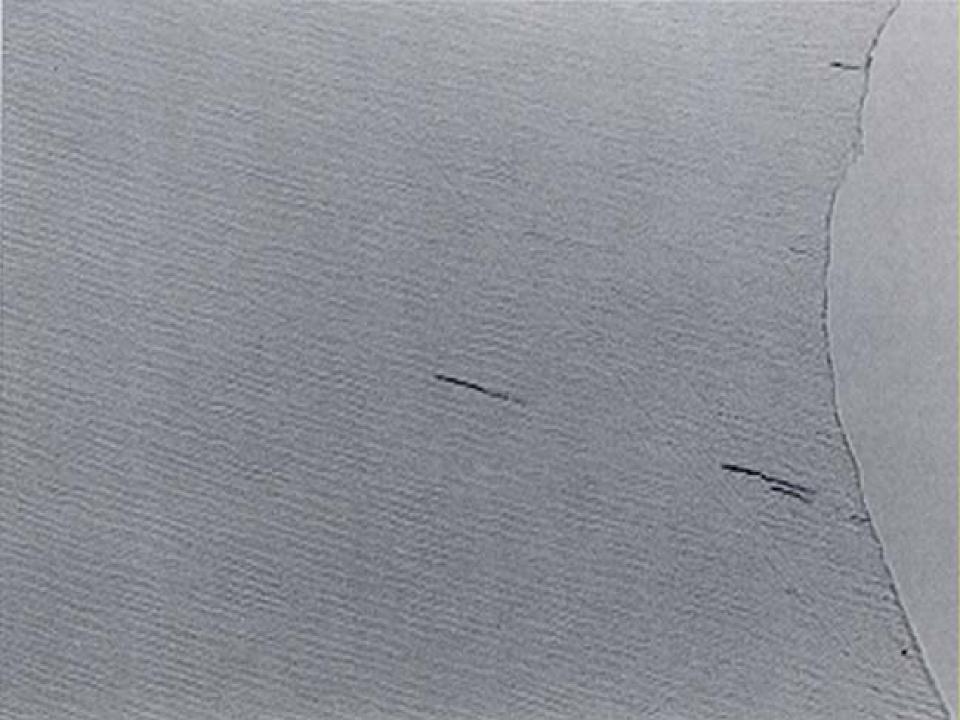
This is Mercury escaping from an amalgam filling. The filling is 50 years old. The tooth was extracted 15 years ago.

www.iaomt.org Smoking Teeth

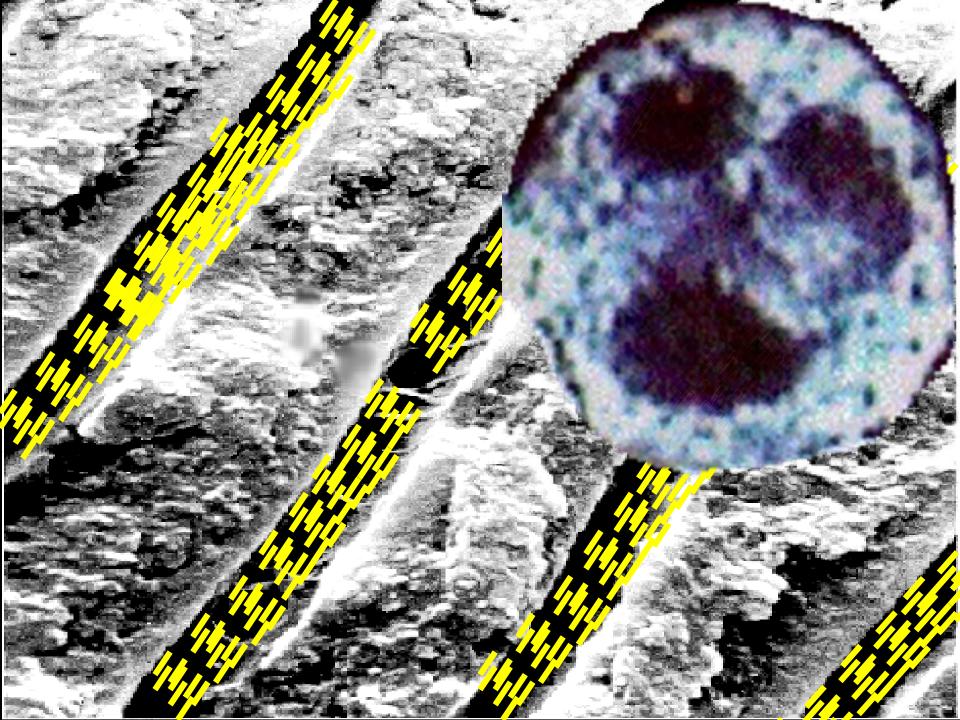
















Dr. William Hunter, around 1900

"The Role of Sepsis und Antisepsis in Medicine"

Gold-Crown = "Mausoleum of gold over a mass of sepsis"

250-7'000x more bacteria in dead teeth

H₂S / Hydrogen Sulfide

ANAEROBIC

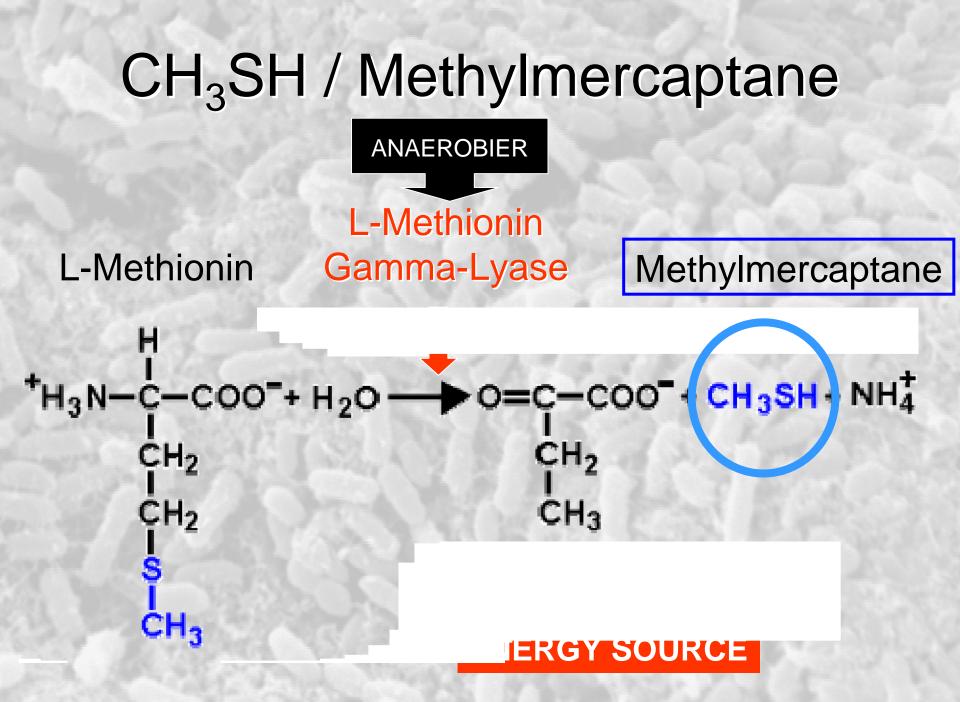
L-Cystein

L-Cystein-Desulfhydrase Hydrogen Sulfide

$^{+}H_{3}N-C-COO^{-}+H_{2}O \rightarrow O=C-COO^{-}+H_{2}S + NH_{4}^{+}$ CH₂

2-Ketobutyrat

ENERGY SOURCE



Bacteria vs. Toxins

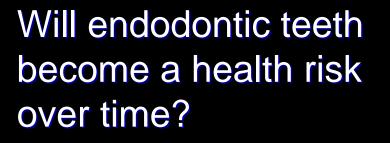
Bakteria if present pathogenetic impact uncertain

Toxins if present in any case a health risk

TOXIC WASTE







Are all root canal teeth toxic to the body?

Therefore the main question is...





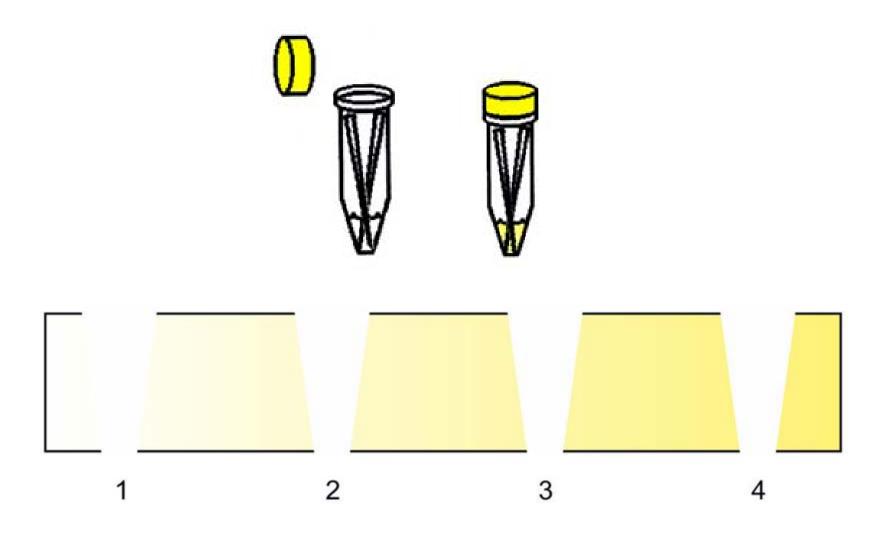


When do rc teeth become toxic. ?

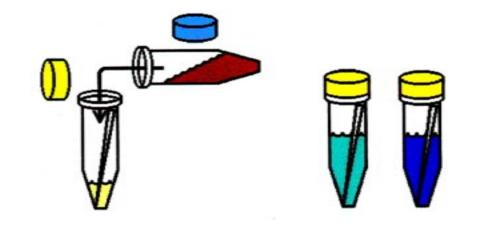
X-Rays do NOT show tooth toxicity

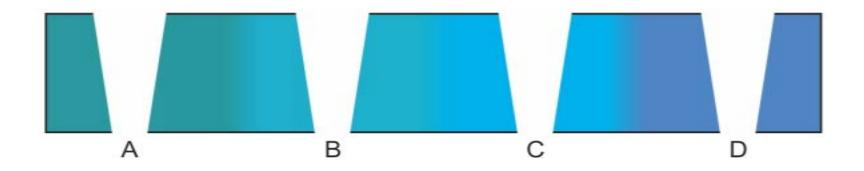
OroTox Test

Toxin-Assessment



Inflammatory Protein-Assessment





Reasons for Testing

Dental infections rank as the most universal affliction of humankind.

Walter J. Loesche DMD, PhD

http://www.dent.umich.edu/research/loeschelabs/ School of Dentistry and Department of Microbiology and Immunology, School of Medicine, University of Michigan, Ann Arbor, Michigan



Reasons for Testing

 Alzheimer Stroke Cardiovascular Chronic Fatigue Dermatological Diabetes

 Gastrointestinal Halitose Neurological • Pulmonary Rheumatism Metabolical

CLINICAL MICROBIOLOGY REVIEWS, Oct. 2000, p. 547–558 Vol. 13, No. 4 Systemic Diseases Caused by Oral Infection XIAOJING LI,1* KRISTIN M. KOLLTVEIT,1 LEIF TRONSTAD,2 AND INGAR OLSEN1 Department of Oral Biology and Department of Endodontics Faculty of Dentistry, University of Oslo, Oslo, Norway

Periodontal Disease & Obesity

- Now we see a relationship between obesity, insulin resistance and periodontal disease in a large, population-based cohort.
- Physicians once thought that the damage from periodontal infection was limited to the teeth and gums. We now know that oral health must be watched much more closely."

Sara Grossi, UB clinical assistant professor of oral biology director of the UB Periodontal Disease Research Center

Periodontal Disease & Fibrinogen

Increased levels of the blood-clotting factor fibrinogen in persons with periodontitis have been found and identified, illuminating one pathway for the relationship between poor oral health and heart disease.

Ernesto DeNardin, PhD, associate professor of oral biology and microbiology, University of Buffalo http://www.e-dental.com/read/nl20000428/126940 Biologists Link Periodontal Disease, Clotting Factor, Heart Disease

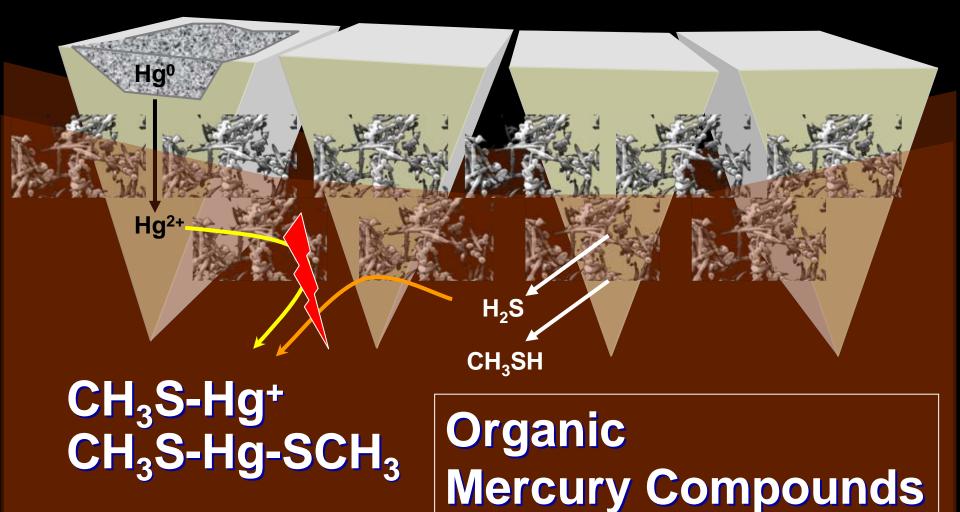
Literature / H₂S & CH₃SH

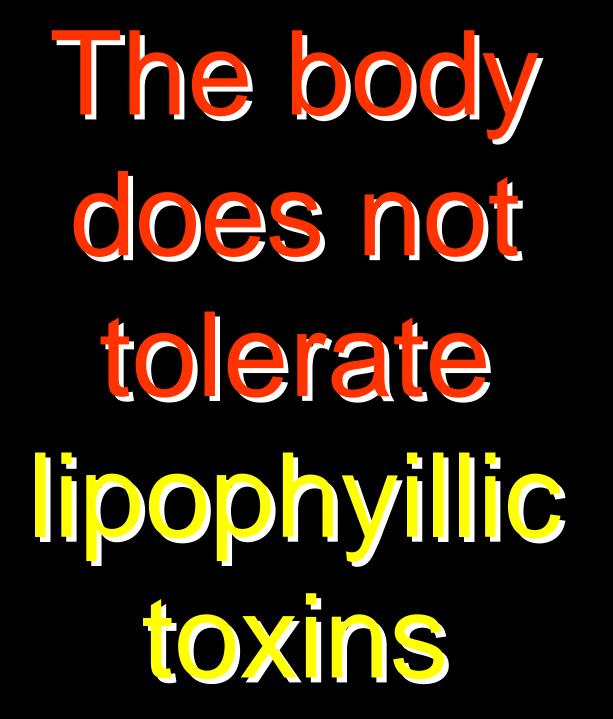
- Modulation of human gingival fibroblast cell metabolism by methyl mercaptan. Johnson et al. (1992). J. Periodontal Res. 27:476-483.
- Effect of volatile thiol compounds on protein metabolism by human gingival fibroblasts. Johson et. al., (1992). J. Periodont. Res. 27:553-561.
- The effect of methanethiol and methionine toxicity on the activities of cytochrome c oxidase and enzymes involved in protection from peroxidative damage. Finkelstein and Benevenga (1986). J. Nutr. 116:204-215.
- Effects of methanethiol on erythrocyte membrane stabilization and on Na+,K+adenosine triphosphatase: relevance to hepatic coma. Ahmed et al., (1984). J. Pharmacol. Exp. Ther. 228:103.
- Acute and subchronic toxicity studies of rats exposed to vapors of methyl mercaptan and other reduced-sulfur compounds. Transy et al., (1981). J. Toxicol. Environ. Health 8:71-88.
- Cytotoxic effects of hydrogen sulfide on pulmonary alveolar macrophages in rats. Khann et al., (1991). J. Toxicol. Environ. Health 33:57-64.
- Exposure to low levels of hydrogen sulfide elevates circulating glucose in maternal rats. Hayden et al., (1990). J. Toxicol. Environ. Health 31:45-52.
- Toxicology of hydrogen sulfide. Reiffenstein et al., (1992). Ann. Rev. Pharmacol. Toxicol. 32:109.
- Hydrogen sulfide: a bacterial toxin in ulcerative colitis? Pitcher and Cummings (1996). Gut 39:1-4.

Neurotoxicity of H₂S

- Effects of repeated exposures of hydrogen sulfide on rat hippocampal EEG. Skrajny et al., (1996). Toxicol. Lett. 84:43-53.
- Alteration of the morphology and neurochemistry of the developing mammalian nervous system by hydrogen sulfphide. Roth et al., (1995). Clin. Exp. Pharmacol. Physiol. 22:379-380.
- Hydrogen sulfide and reduced-sulfur gases adversely affect neurophysiological functions. Kilburn and Warshaw (1995). Toxicol. Ind. Health 11:185-197.
- Sulfide-induced perturbations of the neuronal mechanisms controlling breathing in rats. Greer et al., (1995). J. Appl. Physiol. 78:433-440.
- The actions of hydrogen sulfie on dorsal raphe serotonergic neurons in vitro. Kombian et. al., (1993). J. Neurophysiol. 70:81-96.
- Low concentrations of hydrogen sulfide alter monoamine levels in the developing rat central nervous system. Skrajny et al., (1992). Can. J. Physiol. Pharmacol. 70:1515-1518.
- Chronic exposure to low concentrations of hydrogen sulfide produces abnormal growth in developing cerebellar Purkinje cells. Hannah and Roth (1991). Neurosci. Lett. 28:225-228.
- Hydrogen sulfide exposure alters the amino acid content in developing rat CNS. Hannah et al. (1989). Neurosci. Lett. 8:323-327.
- Monoamine oxidase inhibition as a sequel of hydrogen sulfide intoxication: increases in brain catecholamine and 5-hydroxytryptamine levels. Warenycia et al., (1989). Arch. Toxicol. 63:131-136.

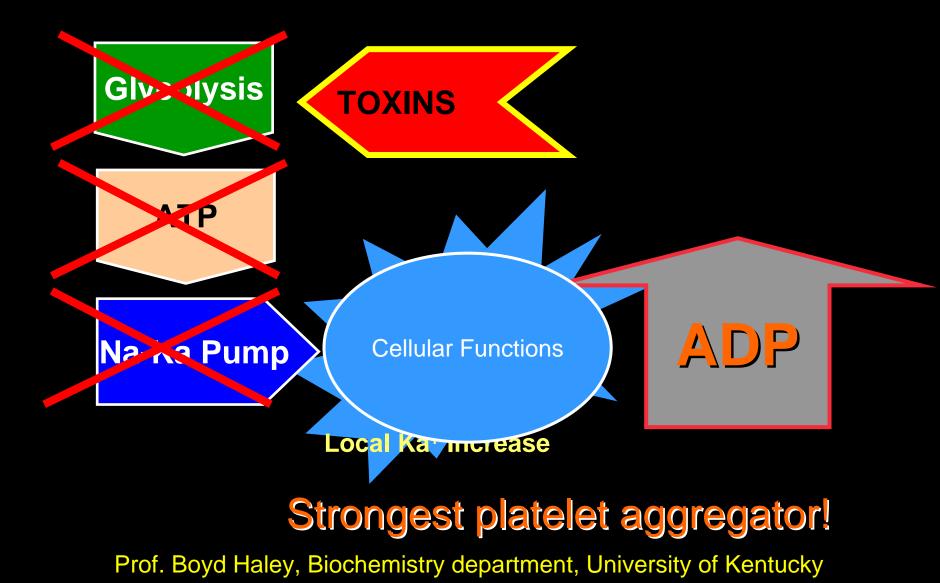
"Super-Toxins"







Enzyme Inhibition and Blut Clotting





Herr A. S., 1919 8476

A. S., 1919 8476

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		5 D						B Blutig D Devital E Ended
48	47	46) 🔏	45	44	43	42	41	I Implantat K Kor.trolle G GCF







"At my work in a nursing home, I encountered a suprising high number of dentists, today at the age of 70, with Alzheimer's. Those were the generations that have processed amalgam. Among the AD patients no other medical field was represented."







Quecksilber	Basiswert vor der Kauphase:	57,95 µg Hg/l
Quecksilber	Provokationswert während der Kauphase:	495,50 µg Hg/l

Nach Berechnung der erhaltenen Daten wurde aus 9 Amalgamfüllung(en) eine tägliche Freisetzung von 219,2 µg Quecksilber pro Tag ermittelt!

Element	Probe	0	Messwert	Analysenwert ¹⁾ µg/g Kreatinin
Quecksilber 1 i. v.		* 1:1-1:	6,6 µg/L	5,64
Quecksilber 2 i. v.			362,4 µg/L	2787,69
Kreatinin 1 i. v.			1,17 g/L	-
Kreatinin 2 i. v.			0,13 g/L	-







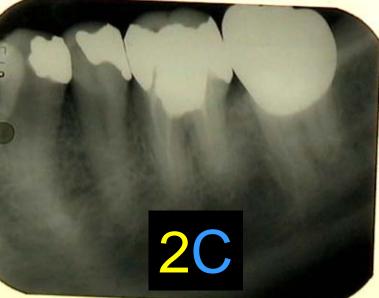






Diabetes mellitus Rheumatism

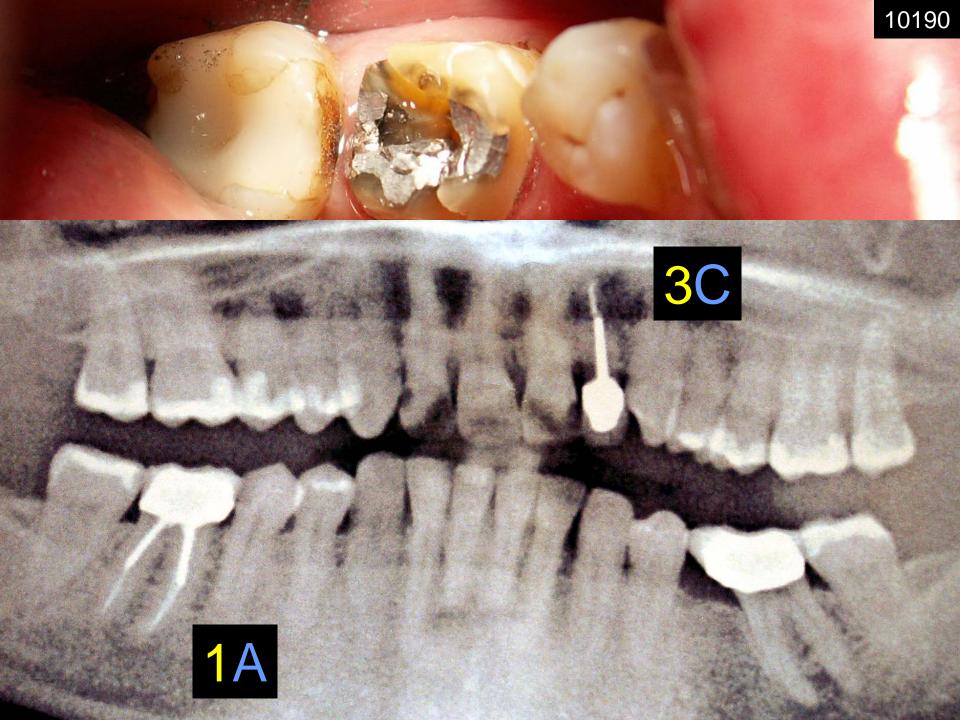
Extraction of RC



Nacholen Mitte Marz des Hanvarzt einen 8103 mittleren West von HBAIC P.S. u. GC 12.5 feststellte, meldete er mich im spital hadenvirt angur Scoprechung einer Turalia Schandlung. Gestern was ich num dort mit den Revultat, dars man stæmte beshalt ich boll gekommen sei H6A10 war 6.9%. Da habe id, doch nur gang den Hich The Revultat: 4 gejogene fähre (lant den jopaniest auf stufe 4!) lie rechte Hand schnegt gar wicht mehr, die linke wur hoch ganz Weig.

Exzema & Chronic Sinusitis

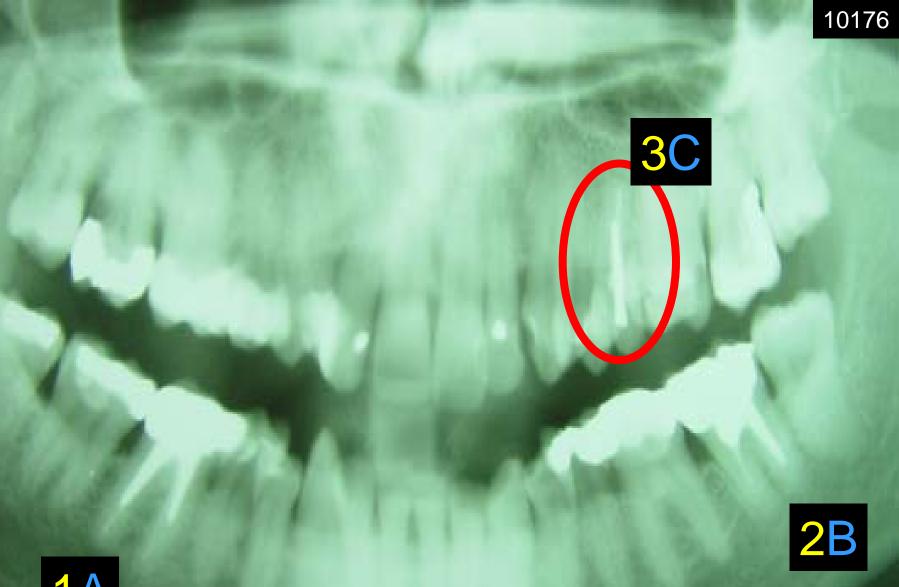






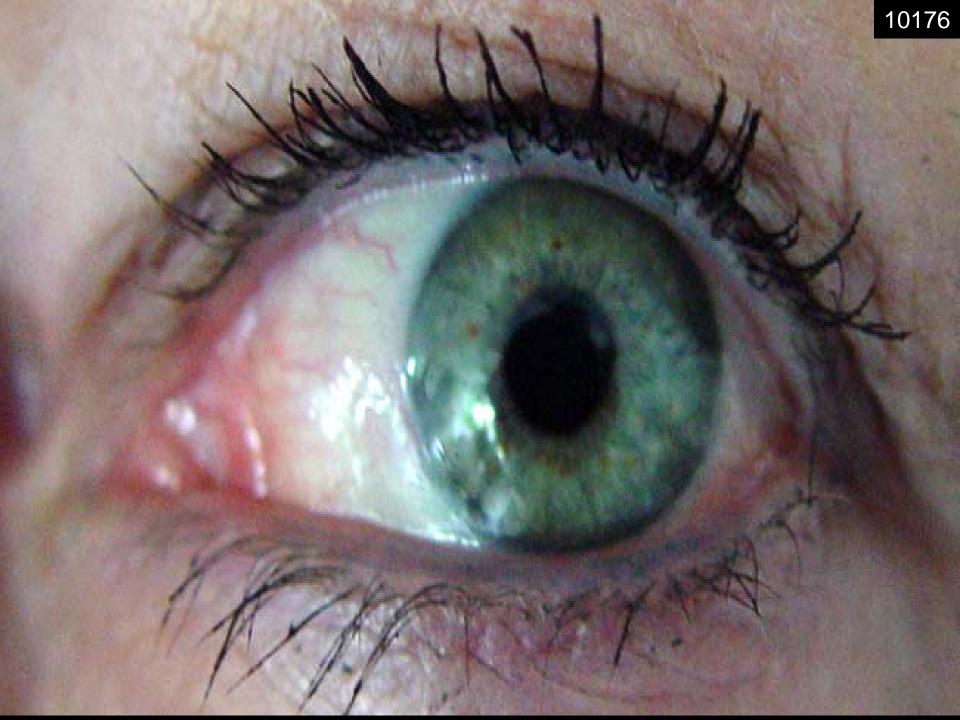
AND... No more sinusitis











F, 75y

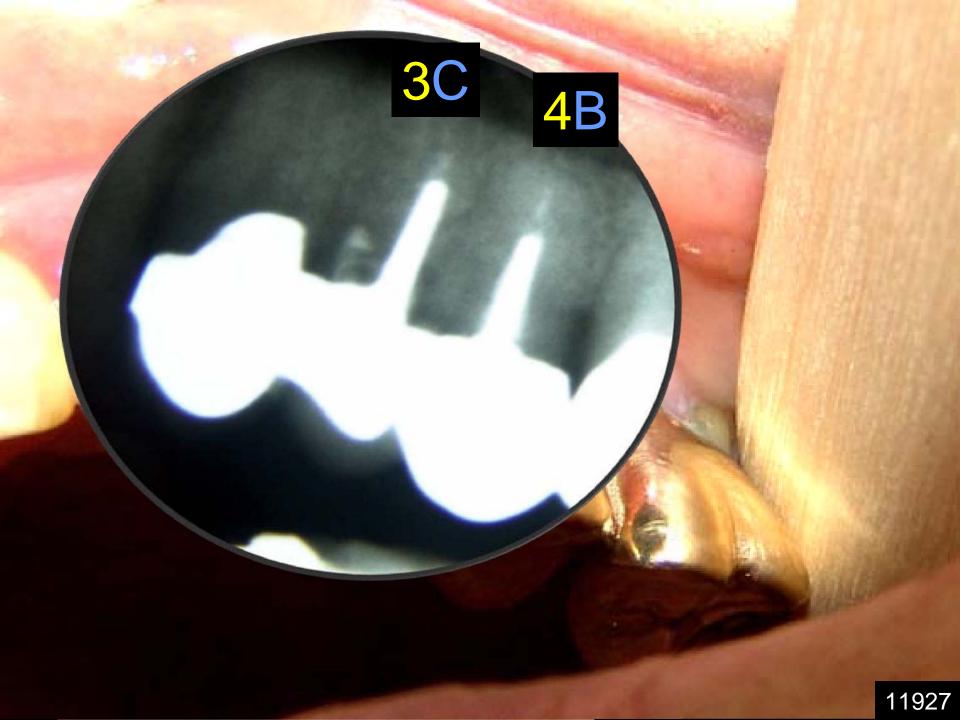
sehr oft starker Krampf am linken Bein und Fuss

Intens cramps in left leg → beanget loend Poor digestion and bloating → «Cold stomache» → Water bottle Loss of energy Shortness of breath

Beschwerden wie vor Cholezystektomie

keine normale Verdauung mehr

18 18 18 40 10 10





After Tooth Extraction

Einige Zeit später habe ich realisiert, dass ich , als ich am wille noch Lebensfreude hatte, No more cramps No more bloating Good digestion denn «warmer stomache» Energy much better Spirit of life has returned

9 33 y

- Recurrent pneumonia
- Recurrent sinusitis
- Increased salivation
- Migraine
- Joint pain
- Exhaustion
- Low-grade fever
- Taste of pus



8958

9 33 y

- Recurrent pneumonia
- Recurrent sinusitis
- Increased salivation
- Migraine
- Joint pain
- Exhaustion
- Low-grade fever
- Taste of pus



<u>59y.f.</u>

> 1990 Allergic Exzema, reoccurant swelling in the face and legs
Chronic Fatigue
1993 Mamma Carcinoma

DMPS Test nach Daunderer Urin I: Hg = 80 ug/g Kreatinin Urin II: Hg = <u>1400 ug/g</u> Kreatinin (Norm 50-100)

1994 Amalgam Removal

Symptomes unchainged

2000 – OroTox Test





Since the removal of the tooth, my allergies and swellings have dissapeared as well as my chronic fatigue

PART A: Chronic nonsuppurative osteomyelitis with ischemic damage, mandibular left first molar area.

March 7, 2000 – Husband: My wife has become a «completely different person».



- Chronic fatigue
- Inflammatory rheumatism
- Elevated blood pressure
- Food intolerance

6486

1B 2C 3D 2C BD 3D

2C

2C

Extraction of all RC teeth

Regained her energy, worked again in the garden

→ Regained tolerance to food (Milk, Wheat)

Here Dt. v. him burg Himmemphalil mir diese toten dalme au entfemen. Er war eine gute Idee, denn seit dieser Sanierung hält sich mein Rheume in Grensen. Auffallund war, dass die kensteinten Schmersen in meiner binken Schulter mach kurser Zuit gans weg waren.



12465

"The day after the tooth was removed, I started having bowel movements twice a day! I cannot remember when last I had twice a day bowel movements! For the 2 months before that I only went when I took medication (which I did twice a week). After a month the bowel movements reduced to once a day but still without medication which is wonderful. I feel so much better! And I do not gain weight everytime I put food in my mouth. I can eat more like other people and stay the same weight - before I was gaining continuously."

68y, m, Extrem Depression, Woke up crying, Suicidle

15250



68y, m, Extrem Depression, Woke up crying, Suicidle

15250



15250

Laborwerte*: Probenmaterial: Volumen Speichel 1 (vor der Kauphase): 4,40 ml Volumen Speichel 2 (während der Kauphase): 8,50 ml Palladium 1 Basiswert Speichel 1: 76,90 µg Pd/l Palladium 2 Provokationswert Speichel 2: 60,50 µg Pd/l

Nach Berechnung der erhaltenen Daten wurde aus den Krone(n)/Brücke(n) eine tägliche Freisetzung von 101,7 µg Palladium pro Tag ermittelt I

4D 2C 1B 2B 4A 1C

15250

4B

4B





Dear Dr. van Limburg

1975, my wife and I got married. Although we would have liked to have had children, we decided that I had vasectomy the same year. The reason at that time was to protect the children from needing to experience my terrible depressions.

... My suffering was so great that despite the love to my wife, I had concrete plans to put an end to my life.

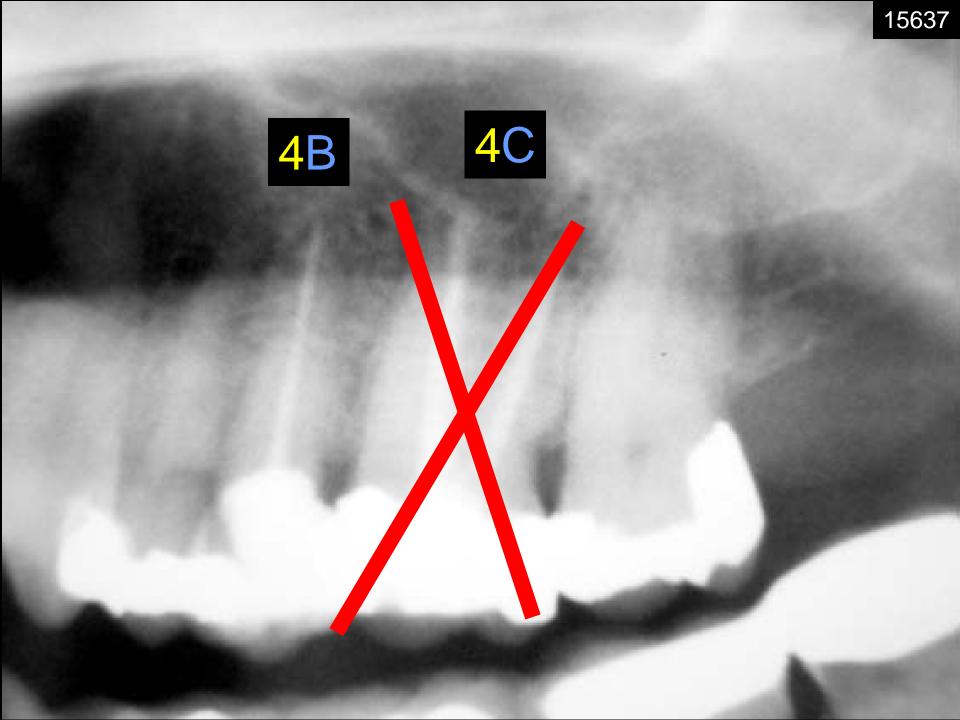
After the extraction of three teeth in the lower jaw I experienced an improvement in my mental problems. The sadness and the crying have declined noticeably. My back pain, which I had for several months, has disappeared.

61y, f, Headaches, Pain left facial area, Years of reoccuring sinusitis. More problems after a root tip excision (26).

15637







15637

 Pain upper jaw almost disappeared for the first time after years

 No more feeling of swelling in the upper jaw

 Migraine much less frequent and less painful









M, 60y

• > 2007

- Chronic Fatigue
- Sleep disorder
 - Fell asleep driving
- Chronic abdominal cramping, indigestion
- Rheumatic pains
- Incapacity to work
- Felt like dying





Diagnostics associés avec répercussion sur la capacité de travail et codes CIM :

Facteur psychologique influençant une affection somatique (syndrome d'apnée obstructive du sommeil et possible syndrome de fatigue post-infectieux (F54)

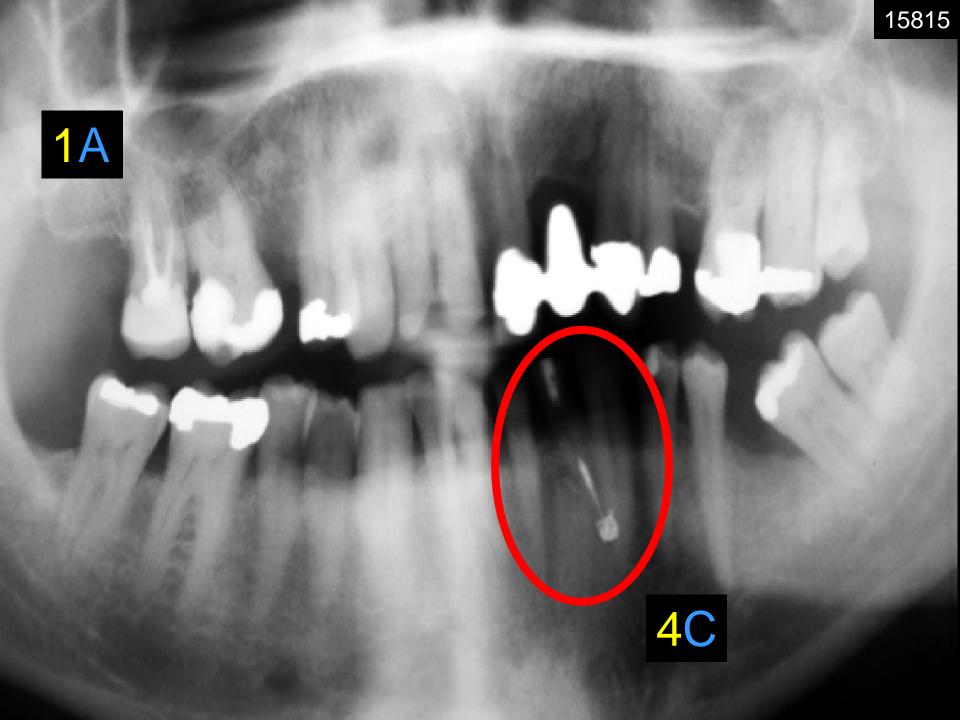


Dans l'activité habituelle (b)

- Pour les travaux du ménage
- Dans une activité adaptée (c) (si < 100 % d'IT, voir limitations fonctionnelles)

- : 100% du 16.12.07 au 30.6.08 50% dès le 1.7.08, en cours
 - % dès le
- : 100% du 16.12.07 au 30.6.08 50% du 1.7.08, en cours







«C'est incroyable»

- No more fatigue
- Energy level increasing on daily basis
- Sleeps all through the night
- Normal bowel function, no pains anymore
- Rheumatism completely disappeared.
- Can work again >100%

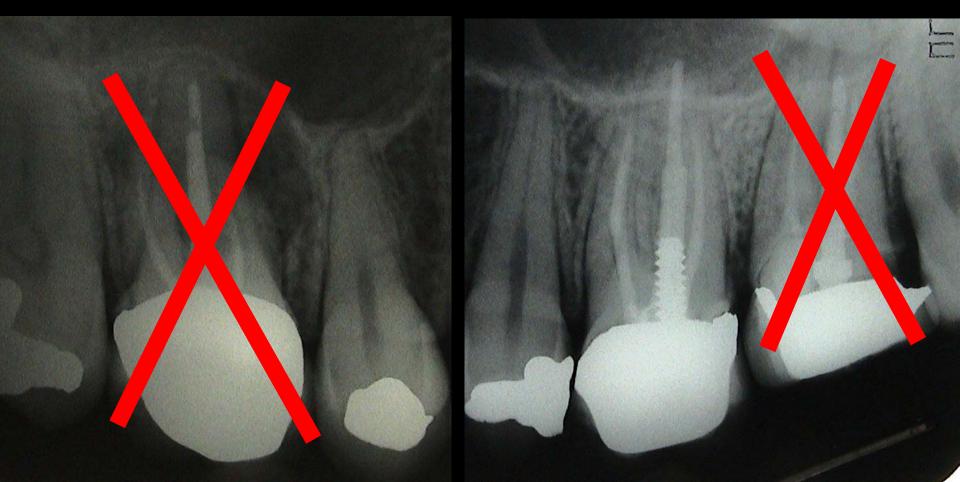
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voraussicht	lich	für Tage	Wochen
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	Dr. med. John von L		
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Kilchberg, den Der Arzt ist nach Art. 321 der	12.8.12Tel.	strasse 155 A • CH-8 : 01 716 48 48 • Fax	8802 Kilchberg . 00006 48 47



6 years infertility Body odor

3C

1B 4D







Summery

- Root canal teeth will become toxic with time.
- The question to ask is not whether but WHEN.
- Wide array of systemic diseases can be the consequence.
- Early identification of possible dental infectious / toxic teeth should be an issue for any antiaging professional in order to improve quality of life and to prevent disease with irreparable damage to health.



ROOT CANAL COVER-UP

A Founder of the Association of Root Canal Specialists Discovers Evidence That Root Canals Damage Your Health Learn What to Do

GEORGE E. MEINIG D.D.S., F.A.C.D. Inoculations from patients having acute eye problems caused a high percentage of eye trouble to develop in rabbits. One patient had exophthalmos (protruding eyes) and was also suffering from extreme pain from the rupturing of blood vessels. The inoculation of 13 rabbits with that patient's culture resulted in 62 percent developing eye involvements, 69 percent intestinal and digestion tract lesions, and the occurrence of a number of other severe tissue lesions.

The culture from a patient totally blind in one eye and having fourfifths loss of sight in the other caused one rabbit to develop multiple lesions and the other nine to experience eye trouble.











The Concept of "Risk" and the Emerging Discipline of Periodontal Medicine

David W. Paquette, DMD, MPH, DMSc

Phoebus Madianos, DMD, PhD; Steven Offenbacher, DDS, PhD; James D. Beck, PhD; Ray C. Williams, DMD Department of Periodontology, School of Dentistry University of North Carolina, Chapel Hill, NC



"Oral infections influence the pathogenesis of many diseases and conditions. An assessment of health status must include that of the oral cavity."

Harold C. Slavkin, DDS, Director, National Institute of Dental and Craniofacial Research, Does the mouth put the heart at risk? JADA, Vol. 130, 109-113.1999. (http://www.nidr.nih.gov/slavkin/slav0199.htm)

DOES FEELING GOOD **START** WITH A HEALTHY MOUTH?



Thank you for your attention

To prove the second second