






## Speaker Feedback


### Pre-conference Seminars Thursday, October 13th, 2016


CPD (CME) Daily Hours Attended: 4.0 Hours		<i>Please rate each answer from 5 – 1 (5 = highest rating)</i>				
Dr Dalal Akoury	Presentation name	Knowledge level on the subject matter	Deliver Subject matter effectively	Quality of content	Clarity of presentation	Overall presentation
	Can Mindfulness Rewire the Brain	5 4 3 2 1 o o o o o	5 4 3 2 1 o o o o o	5 4 3 2 1 o o o o o	5 4 3 2 1 o o o o o	5 4 3 2 1 o o o o o


CPD (CME) Daily Hours Attended: 4.0 Hours		<i>Please rate each answer from 5 – 1 (5 = highest rating)</i>				
Prof Giovanni Scapagnini	Presentation name	Knowledge level on the subject matter	Deliver Subject matter effectively	Quality of content	Clarity of presentation	Overall presentation
	The Anti Inflammatory Diet... The active components - chocolate, curcumin, blueberries, omega3	5 4 3 2 1 o o o o o	5 4 3 2 1 o o o o o	5 4 3 2 1 o o o o o	5 4 3 2 1 o o o o o	5 4 3 2 1 o o o o o


### Friday, October 14th, 2016


CPD (CME) Daily Hours Attended: 0.5 Hours		<i>Please rate each answer from 5 – 1 (5 = highest rating)</i>				
Ms Deirdre Morrin	Presentation name	Knowledge level on the subject matter	Deliver Subject matter effectively	Quality of content	Clarity of presentation	Overall presentation
	Applications of Redox Biochemistry in Health and Aging - Clinical Advances Interventions and Implications	5 4 3 2 1 o o o o o	5 4 3 2 1 o o o o o	5 4 3 2 1 o o o o o	5 4 3 2 1 o o o o o	5 4 3 2 1 o o o o o


CPD (CME) Daily Hours Attended: 0.5 Hours						
<i>Please rate each answer from 5 – 1 (5 = highest rating)</i>						
Prof Donald Craig Willcox	Presentation name	Knowledge level on the subject matter	Deliver Subject matter effectively	Quality of content	Clarity of presentation	Overall presentation
	Longevity Genes: The Latest Findings	5 4 3 2 1 o o o o o	5 4 3 2 1 o o o o o	5 4 3 2 1 o o o o o	5 4 3 2 1 o o o o o	5 4 3 2 1 o o o o o


CPD (CME) Daily Hours Attended: 0.5 Hours						
<i>Please rate each answer from 5 – 1 (5 = highest rating)</i>						
Ms Maria N Yurova	Presentation name	Knowledge level on the subject matter	Deliver Subject matter effectively	Quality of content	Clarity of presentation	Overall presentation
	Metformin and rapamycin as geroprotectors and anti-carcinogens	5 4 3 2 1 o o o o o	5 4 3 2 1 o o o o o	5 4 3 2 1 o o o o o	5 4 3 2 1 o o o o o	5 4 3 2 1 o o o o o


CPD (CME) Daily Hours Attended: 0.5 Hours						
<i>Please rate each answer from 5 – 1 (5 = highest rating)</i>						
Dr William Shaw	Presentation name	Knowledge level on the subject matter	Deliver Subject matter effectively	Quality of content	Clarity of presentation	Overall presentation
	The Effects of Toxic Chemicals on Chronic Illness	5 4 3 2 1 o o o o o	5 4 3 2 1 o o o o o	5 4 3 2 1 o o o o o	5 4 3 2 1 o o o o o	5 4 3 2 1 o o o o o


CPD (CME) Daily Hours Attended: 0.5 Hours						
<i>Please rate each answer from 5 – 1 (5 = highest rating)</i>						
Dr Najat Youssef	Presentation name	Knowledge level on the subject matter	Deliver Subject matter effectively	Quality of content	Clarity of presentation	Overall presentation
	Can a psychobiological nutritional approach reverse an autoimmune disease?	5 4 3 2 1 o o o o o	5 4 3 2 1 o o o o o	5 4 3 2 1 o o o o o	5 4 3 2 1 o o o o o	5 4 3 2 1 o o o o o


CPD (CME) Daily Hours Attended: 0.5 Hours						
<i>Please rate each answer from 5 – 1 (5 = highest rating)</i>						
Dr Jose Foglia	Presentation name	Knowledge level on the subject matter	Deliver Subject matter effectively	Quality of content	Clarity of presentation	Overall presentation
	Self-Awareness versus Meditation	5 4 3 2 1 o o o o o	5 4 3 2 1 o o o o o	5 4 3 2 1 o o o o o	5 4 3 2 1 o o o o o	5 4 3 2 1 o o o o o


CPD (CME) Daily Hours Attended: 0.5 Hours						
<i>Please rate each answer from 5 – 1 (5 = highest rating)</i>						
Dr Karl J Neeser	Presentation name	Knowledge level on the subject matter	Deliver Subject matter effectively	Quality of content	Clarity of presentation	Overall presentation
	Epigenetics: How our Lifestyle can impact our Genes	5 4 3 2 1 o o o o o	5 4 3 2 1 o o o o o	5 4 3 2 1 o o o o o	5 4 3 2 1 o o o o o	5 4 3 2 1 o o o o o


CPD (CME) Daily Hours Attended: 0.5 Hours						
<i>Please rate each answer from 5 – 1 (5 = highest rating)</i>						
Mr Phil Hawes	Presentation name	Knowledge level on the subject matter	Deliver Subject matter effectively	Quality of content	Clarity of presentation	Overall presentation
	The Endocannabinoid System	5 4 3 2 1 o o o o o	5 4 3 2 1 o o o o o	5 4 3 2 1 o o o o o	5 4 3 2 1 o o o o o	5 4 3 2 1 o o o o o

CPD (CME) Daily Hours Attended: 0.5 Hours						
<i>Please rate each answer from 5 – 1 (5 = highest rating)</i>						
Dr Tom Bayne	Presentation name	Knowledge level on the subject matter	Deliver Subject matter effectively	Quality of content	Clarity of presentation	Overall presentation
	The Microbiome and Healthy Aging - How gut bacteria play a pivotal role in age related disorders.	5 4 3 2 1 o o o o o	5 4 3 2 1 o o o o o	5 4 3 2 1 o o o o o	5 4 3 2 1 o o o o o	5 4 3 2 1 o o o o o


CPD (CME) Daily Hours Attended: 0.5 Hours		Please rate each answer from 5 – 1 (5 = highest rating)				
Prof Giovanni Scapagnini	Presentation name	Knowledge level on the subject matter	Deliver Subject matter effectively	Quality of content	Clarity of presentation	Overall presentation
	Nutraceutical and Nutrigenomics: new perspectives for age-related diseases prevention	5 4 3 2 1 o o o o o	5 4 3 2 1 o o o o o	5 4 3 2 1 o o o o o	5 4 3 2 1 o o o o o	5 4 3 2 1 o o o o o


CPD (CME) Daily Hours Attended: 0.5 Hours		Please rate each answer from 5 – 1 (5 = highest rating)				
Dr Sergey A Dzugan	Presentation name	Knowledge level on the subject matter	Deliver Subject matter effectively	Quality of content	Clarity of presentation	Overall presentation
	Age-Related Macular Degeneration. A New hypothesis.	5 4 3 2 1 o o o o o	5 4 3 2 1 o o o o o	5 4 3 2 1 o o o o o	5 4 3 2 1 o o o o o	5 4 3 2 1 o o o o o


CPD (CME) Daily Hours Attended: 0.5 Hours		Please rate each answer from 5 – 1 (5 = highest rating)				
Mr Kiran Krishnan	Presentation name	Knowledge level on the subject matter	Deliver Subject matter effectively	Quality of content	Clarity of presentation	Overall presentation
	Vitamin K2 and the role it plays in defining the structural integrity and rate of aging in virtually every tissue in the body.	5 4 3 2 1 o o o o o	5 4 3 2 1 o o o o o	5 4 3 2 1 o o o o o	5 4 3 2 1 o o o o o	5 4 3 2 1 o o o o o


CPD (CME) Daily Hours Attended: 0.5 Hours		Please rate each answer from 5 – 1 (5 = highest rating)				
Dr Brian Halvorsen	Presentation name	Knowledge level on the subject matter	Deliver Subject matter effectively	Quality of content	Clarity of presentation	Overall presentation
	Healthy Ageing: The Mouth - Gut - Brain Connection	5 4 3 2 1 o o o o o	5 4 3 2 1 o o o o o	5 4 3 2 1 o o o o o	5 4 3 2 1 o o o o o	5 4 3 2 1 o o o o o


**Saturday, October 15th, 2016**


CPD (CME) Daily Hours Attended: 0.5 Hours <span style="float: right;"><i>Please rate each answer from 5 – 1 (5 = highest rating)</i></span>						
Dr Charmaine Jooste	Presentation name	Knowledge level on the subject matter	Deliver Subject matter effectively	Quality of content	Clarity of presentation	Overall presentation
	Diet-induced cellular ageing	5 4 3 2 1 o o o o o	5 4 3 2 1 o o o o o	5 4 3 2 1 o o o o o	5 4 3 2 1 o o o o o	5 4 3 2 1 o o o o o


CPD (CME) Daily Hours Attended: 0.5 Hours <span style="float: right;"><i>Please rate each answer from 5 – 1 (5 = highest rating)</i></span>						
Prof Jesus A F Tresguerres	Presentation name	Knowledge level on the subject matter	Deliver Subject matter effectively	Quality of content	Clarity of presentation	Overall presentation
	Therapeutic Effects of High Dose Chronic Melatonin Administration	5 4 3 2 1 o o o o o	5 4 3 2 1 o o o o o	5 4 3 2 1 o o o o o	5 4 3 2 1 o o o o o	5 4 3 2 1 o o o o o


CPD (CME) Daily Hours Attended: 0.5 Hours <span style="float: right;"><i>Please rate each answer from 5 – 1 (5 = highest rating)</i></span>						
Dr Richard Lippman	Presentation name	Knowledge level on the subject matter	Deliver Subject matter effectively	Quality of content	Clarity of presentation	Overall presentation
	Aldosterone and IGF-1, the Hearing Hormones	5 4 3 2 1 o o o o o	5 4 3 2 1 o o o o o	5 4 3 2 1 o o o o o	5 4 3 2 1 o o o o o	5 4 3 2 1 o o o o o


CPD (CME) Daily Hours Attended: 0.5 Hours <span style="float: right;"><i>Please rate each answer from 5 – 1 (5 = highest rating)</i></span>						
Dr Mike Burdon	Presentation name	Knowledge level on the subject matter	Deliver Subject matter effectively	Quality of content	Clarity of presentation	Overall presentation
	The Role of Exercise in Anti-ageing	5 4 3 2 1 o o o o o	5 4 3 2 1 o o o o o	5 4 3 2 1 o o o o o	5 4 3 2 1 o o o o o	5 4 3 2 1 o o o o o


CPD (CME) Daily Hours Attended: 0.5 Hours		Please rate each answer from 5 – 1 (5 = highest rating)				
Dr Sergey A Dzugan	Presentation name	Knowledge level on the subject matter	Deliver Subject matter effectively	Quality of content	Clarity of presentation	Overall presentation
	Physiologic Approach to Cholesterol Regulation vs drugs	5 4 3 2 1 o o o o o	5 4 3 2 1 o o o o o	5 4 3 2 1 o o o o o	5 4 3 2 1 o o o o o	5 4 3 2 1 o o o o o


CPD (CME) Daily Hours Attended: 0.5 Hours		Please rate each answer from 5 – 1 (5 = highest rating)				
Dr Damien Downing	Presentation name	Knowledge level on the subject matter	Deliver Subject matter effectively	Quality of content	Clarity of presentation	Overall presentation
	Sixty Years of Eating Red Herrings: How a lethal dietary diversion is coming to an end.	5 4 3 2 1 o o o o o	5 4 3 2 1 o o o o o	5 4 3 2 1 o o o o o	5 4 3 2 1 o o o o o	5 4 3 2 1 o o o o o


CPD (CME) Daily Hours Attended: 0.5 Hours		Please rate each answer from 5 – 1 (5 = highest rating)				
Dr Karl J Neeser	Presentation name	Knowledge level on the subject matter	Deliver Subject matter effectively	Quality of content	Clarity of presentation	Overall presentation
	If Aristotle ran an Anti-Aging Clinic	5 4 3 2 1 o o o o o	5 4 3 2 1 o o o o o	5 4 3 2 1 o o o o o	5 4 3 2 1 o o o o o	5 4 3 2 1 o o o o o

CPD (CME) Daily Hours Attended: 0.5 Hours		Please rate each answer from 5 – 1 (5 = highest rating)				
Dr Christophe de Jaeger	Presentation name	Knowledge level on the subject matter	Deliver Subject matter effectively	Quality of content	Clarity of presentation	Overall presentation
	Use of mTOR Inhibitor to Enhance Longevity	5 4 3 2 1 o o o o o	5 4 3 2 1 o o o o o	5 4 3 2 1 o o o o o	5 4 3 2 1 o o o o o	5 4 3 2 1 o o o o o

CPD (CME) Daily Hours Attended: 0.5 Hours		Please rate each answer from 5 – 1 (5 = highest rating)				
Dr Avi Roy	Presentation name	Knowledge level on the subject matter	Deliver Subject matter effectively	Quality of content	Clarity of presentation	Overall presentation
	Personalized Medicine is Great, but What About Personalized Health	5 4 3 2 1 o o o o o	5 4 3 2 1 o o o o o	5 4 3 2 1 o o o o o	5 4 3 2 1 o o o o o	5 4 3 2 1 o o o o o

CPD (CME) Daily Hours Attended: 0.5 Hours		Please rate each answer from 5 – 1 (5 = highest rating)				
Dr Dalal Akoury	Presentation name	Knowledge level on the subject matter	Deliver Subject matter effectively	Quality of content	Clarity of presentation	Overall presentation
	From Mindfulness to Metabolomics and Back (The OMICS Dance between Love and Hate)	5 4 3 2 1 o o o o o	5 4 3 2 1 o o o o o	5 4 3 2 1 o o o o o	5 4 3 2 1 o o o o o	5 4 3 2 1 o o o o o

CPD (CME) Daily Hours Attended: 0.5 Hours		Please rate each answer from 5 – 1 (5 = highest rating)				
Prof Eugenio Luigi Iorio	Presentation name	Knowledge level on the subject matter	Deliver Subject matter effectively	Quality of content	Clarity of presentation	Overall presentation
	The New Frontiers of Molecular Medicine in Anti-Aging Medicine: Redoxomics and Lipidomics	5 4 3 2 1 o o o o o	5 4 3 2 1 o o o o o	5 4 3 2 1 o o o o o	5 4 3 2 1 o o o o o	5 4 3 2 1 o o o o o

CPD (CME) Daily Hours Attended: 0.5 Hours		Please rate each answer from 5 – 1 (5 = highest rating)				
Mr Miguel Toribio-Mateas	Presentation name	Knowledge level on the subject matter	Deliver Subject matter effectively	Quality of content	Clarity of presentation	Overall presentation
	Food as information for the epigenome: neuroprotective nutritional strategies that help us keep our brain young	5 4 3 2 1 o o o o o	5 4 3 2 1 o o o o o	5 4 3 2 1 o o o o o	5 4 3 2 1 o o o o o	5 4 3 2 1 o o o o o



**Please let us know whether the following objectives were met.**

*Please rate each answer from 5 – 1 (5 = highest rating)*

5 4 3 2 1

- |  |                       |                       |                       |                       |                       |
|--|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|
| This activity provided practical information which meets my professional needs.            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| As a result of participating in this CPD(CME) program, I will make changes in my practice. | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| The course was well organized.   | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| I would recommend this activity to a colleague.  | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| The audiovisuals were clear and useful.  | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| The event was mostly educational.  | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| The event was mostly commercial.   | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| What topic would you suggest for future presentations?                                     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |

Comments:

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Thank you for completing the form and for taking part in the AACL 2016.  
Submit this completed form to a AACL Secretariat.  
We hope you enjoyed the conference and we look forward to welcoming you back in 2017.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

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